



State of Minnesota Department of Human Services

Mental Health Resource List for Deaf and Hard of Hearing Children and Adults

June 2009

SPECIALIZING IN CHILDREN ONLY

Laurel Wills, M.D. ~ *Developmental-Behavioral Pediatrics*
Hennepin County Medical Center
701 Park Avenue, Minneapolis, MN 55415
Phone: 612-873-2761 E-mail: wills008@umn.edu

Type of Setting and Population Served: HCMC and University of MN Pediatrics Specialty Clinics serving children, ages 0-18

Areas of Specialty: adjustment issues, anxiety, childhood disorders, recent or increased hearing loss, autism, ADHD, developmental disabilities, deaf-blindness, sleep disorders, adjustment to chronic illness (does not do primary care pediatrics at this time), cultural diversity, childhood & adolescence, parenting concerns, working with special education in schools, school nurses, IEP teams

Assessment: parent/child consultation (assessment/treatment), school consultation, medication management, medical diagnostic assessment and treatment of neuro-developmental conditions (in the context of DHH), and medical and/or social-emotional adjustment concerns arising for otherwise healthy “neurotypical” children who are D/HH/DB, family or environmental factors conferring risk or resilience for DHH children and adolescents, liaison/consultation with schools to assist with IEP development

Karen E. Wills, Ph.D., LP, ABPP-CN ~ *Pediatric Neuropsychologist*
Children’s Hospitals & Clinics of MN

2525 Chicago Avenue South, Minneapolis, MN 55404
Phone: 612-813-6344 VP: 612-813-6344
E-mail: karen.wills@childrensmn.org Website: www.childrensmn.org

Type of Setting and Population Served: hospital serving children ages 6-18

Areas of Specialty: recent or increased hearing loss, neurological/brain disorders

Assessment: neuropsychological evaluation

SPECIALIZING IN CHILDREN, FAMILIES, AND ADULTS

Sara Hegge, M.A., MSW, LGSW ~ *Mental Health Therapist*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-744-8631

E-mail: shegge@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: childhood disorders, childhood & adolescence

Treatment Modalities: individual psychotherapy and family psychotherapy

Tara Brower, M.A. ~ *Mental Health Practitioner*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-225-4052

E-mail: tbrower@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: adjustment issues, anxiety, depression, post-traumatic stress disorder, childhood & adolescence

Treatment Modalities: individual psychotherapy, family psychotherapy, and play therapy

Joyce Atchison, M.Ed ~ *Mental Health Therapist/ Coordinator of Family Focused Therapeutic Services Program*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-225-4025

VP: 866-772-4891

E-mail: jatchison@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of specialty: Adjustment issues, anxiety, childhood disorders, depression, recent or increased hearing loss, cultural diversity, childhood & adolescence, anger management, parenting concerns, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, family psychotherapy, and parenting skills training

Jamie L. Monson, MSW, LICSW ~ *Mental Health Professional*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-225-4029

E-mail: jmonson@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, childhood & adolescence, anger management, parenting concerns

Treatment Modalities: individual psychotherapy, family psychotherapy, play therapy, and dialectical behavioral therapy (DBT)

Assessment: ADHD evaluations

Linda M. Oberg, M.A., LMFT ~ *Mental Health Therapist*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-225-4053

E-mail: loberg@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: adjustment issues, anxiety, childhood disorders, recent or increased hearing loss, cultural diversity, parenting concerns, relationship/marriage

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy

Gregory Singfield, M.A., Marriage and Family Therapy ~ *Mental Health Therapist*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-222-7711

E-mail: gsingfield@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: adjustment issues, anxiety, childhood disorders, depression, recent or increased hearing loss, post traumatic stress disorder, substance abuse, cultural diversity, childhood & adolescence, anger management, parenting concerns, relationship/marriage

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, and play therapy

Rebecca Goffman, Psy.D. ~ *Supervisor*

Volunteers of America Mental Health Clinics

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-225-4085 (desk); 763-744-8632 (cell)

E-mail: rgoffman@voamn.org

Website: www.voamn.org

Type of Setting and Population Served: clinic serving children ages 0 to 22 and their families in school, home, and community-based settings

Areas of Specialty: adjustment issues, anxiety, childhood disorders, depression, substance abuse, childhood & adolescence, parenting concerns

Treatment Modalities: individual psychotherapy and family psychotherapy

Assessment: psychological assessment and psychoeducational evaluation

Jackie S. Niemand, M.A., LP ~ *Licensed Psychologist*

Private Practice

6750 Stillwater Boulevard N, Stillwater, MN 55082

Phone/TTY: 651-275-9680

E-mail: niemandpsych@msn.com

Website: www.niemandpsych.com

Type of Setting and Population Served: private practice serving children and adults

Areas of Specialty: adjustment issues, anxiety, childhood disorders, depression, obsessive-compulsive disorder, gender (men's/women's issues), childhood & adolescence, parenting concerns, occupational problems, relationship/marriage

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, and play therapy

Howard Dickman, Ph.D., LP ~ *Psychologist*

Private Practice

1405 Lilac Drive, Suite 150, Golden Valley, MN 55422

Phone: 763-544-6806

TYY: 763-544-4774

E-mail: hdickman@gvclinic.com

Website: www.gvclinic.com

Type of Setting and Population Served: private practice serving adults and children

Areas of Specialty: adjustment issues, anxiety, childhood disorders, depression, personality disorders, recent or increased hearing loss, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, gay/lesbian/bisexual/transgender, aging/gerontological, childhood & adolescence, anger management, parenting concerns, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, and family psychotherapy

Assessment: psychological assessment

Kristen Swan, M.A., LP ~ *Mental Health Therapist II*

Regions Hospital – Health and Wellness Program

640 Jackson Street, MS: 11302C, St. Paul, MN 55101

Phone: 651-254-2742 or front desk: 651-254-4786 TTY: same or 651-254-1888

E-mail: kristen.l.swan@healthpartners.com Website: www.regionshospital.com

Type of Setting and Population Served: clinic serving children and adults

Areas of specialty: adjustment issues, anxiety, childhood disorders, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, gay/lesbian/bisexual/transgender, childhood & adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence, family issues

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy, and dialectical behavioral therapy (DBT)

Assessment: ADHD evaluations

Laurie Lee Johnson, Ph.D., L.P. ~ *Licensed Psychologist*

Private Practice

1313 Fifth Street SE, Suite 123C, Minneapolis, MN 55414

TTY: 651-457-1301

E-mail: LaurieLeeJohnson@msn.com

Type of Setting and Population Served: private practice serving adolescents, age 12 and up, and adults

Areas of Specialty: adjustment issues, anxiety, eating disorders, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, schizophrenia or other psychotic disorders, obsessive-compulsive disorder, organic/developmental, cultural diversity, gay/lesbian/bisexual/transgender, gender (men's/women's issues), aging/gerontological, forensic, HIV/AIDS, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence, deafblind, impulse control, developmental, psychoeducational

Treatment Modalities: individual psychotherapy, couples therapy, and family psychotherapy

Assessment: psychological assessment, vocational assessment, forensic evaluation, psychoeducational evaluation, cognitive functioning, adaptive behavior

Jennifer Ruther, MSW, LICSW ~ *Outpatient Mental Health Therapist*

Nystrom & Associates, Ltd.

1900 Silver Lake Road, Suite 110, New Brighton, MN 55112

Phone: 651-628-9566*

Website: nystromcounseling.com

*For appointments: Patient Care Coordinator, Jessica Girard

Phone: 651-379-1791

TTY: 888-202-5005

E-mail: jgirard@nystromcounseling.com

Type of Setting and Population Served: clinic serving adults and children, ages 12 and up

Areas of Specialty: adjustment issues, anxiety, depression, recent or increased hearing loss, post-traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, gay/lesbian/bisexual/transgender, childhood & adolescence, parenting concerns (only if NOT court ordered), occupational problems, relationship/marriage

Treatment Modalities: individual psychotherapy, couples psychotherapy, and family psychotherapy

Paula J. Detjen, MA, LMFT, LPC, MnGTP ~ *Licensed Marriage and Family Therapist*

Paula J. Detjen, PLLC

105 E Fourth Street, Suite 301, Richfield, MN 55057

Phone: 507-581-0430

E-mail: Paula.J.Detjen@charter.net

Website: DetjenCounseling.com

Type of Setting and Population Served: private practice serving children and adults

Areas of Specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, obsessive-compulsive disorder, pathological gambling, cultural diversity, childhood & adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, affected others living with problem gambling

Treatment Modalities: individual psychotherapy, couples psychotherapy, family, psychotherapy, play therapy, gambling intervention

Assessment: rule 82 gambling assessment and non-court ordered gambling assessment as a MN state approved provider on problem gambling, general mental health assessments

Kathy Porter, M.S., LP ~ *Psychologist*

Bluestream Center for Child and Family Development

124 Elton Hills Lane NW, Rochester, MN 55901

Phone: 507-289-7432

E-mail: kporter@bluestreamcenter.com

Website: www.bluestreamcenter.com

Type of Setting and Population Served: clinic serving children and adults

Areas of specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, substance abuse, attachment disorders, gay/lesbian/bisexual/transgender, childhood & adolescence, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, and play therapy

Assessment: parent-child assessments

Robin L. Hewitt, M.S., LMFT ~ *Marriage and Family Therapist*

Upper Mississippi Mental Health Center

722 15th Street, P.O. Box 640, Bemidji, MN 56619

Phone: 218-751-3280

E-mail: robin_hewitt@ummhcmn.org

Website: www.ummhcmn.org

Type of Setting and Population Served: agency serving adults and children

Areas of Specialty: adjustment issues, anxiety, childhood disorders, depression, post-traumatic stress disorder, childhood & adolescence, anger management, parenting concerns, relationship/marriage

Treatment Modalities: individual psychotherapy, couples psychotherapy, and family psychotherapy

SPECIALIZING IN ADULTS ONLY

Ashlee B. Schmidt, M.A., NCC, LPC ~ *Mental Health Specialist*

Deaf and Hard of Hearing Services (DHHSD)- St. Paul

85 East 7th Place, Suite 105, St. Paul, MN 55101

Phone: 651-431-5980

TTY: 888-292-9540

VP: 651-964-1514

E-mail: ashlee.schmidt@state.mn.us

Website: www.dhs.state.mn.us/dhhsd-mh

Type of Setting and Population Served: agency serving adults

Areas of Specialty: adjustment issues, anxiety, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, anger management, parenting concerns, and grief & loss

Treatment Modalities: individual psychotherapy, family psychotherapy, and dialectical behavioral therapy (DBT)

Terry Tauger, MSW, LICSW ~ *Mental Health Specialist*

Deaf and Hard of Hearing Services Division (DHHSD)– Rochester/Mankato

Rochester: 4101 18th Avenue NE, Rochester, MN 55901

Mankato: 12 Civic Center Plaza, Suite 1670, Mankato MN 56001

Phone: 507-285-7163

TTY: 866-266-3779

VP: 507-285-7295

E-mail: terry.m.tauger@state.mn.us

Website: www.dhs.state.mn.us/dhhsd-mh

Type of Setting and Population Served: agency serving adults

Areas of Specialty: adjustment issues, anxiety, depression, recent or increased hearing loss, substance abuse, cultural diversity, gay/lesbian/bisexual/transgender, forensic, HIV/AIDS, anger management, parenting concerns, domestic violence

Treatment Modalities: individual psychotherapy, couples psychotherapy, and family psychotherapy

Alison L. Aubrecht, M.A., NCC, DCC, LPC ~ *Mental Health Specialist*
Deaf and Hard of Hearing Services Division – E/W Central and Northeast MN

St. Cloud: 3333 W Division Street, Suite 209, St. Cloud, MN 56301
Duluth: 320 W Second Street, Suite 710, Duluth, MN 55802-1402

Phone: 866-362-6681 TTY: 866-274-5753 VP: 320-227-2494
E-mail: alison.aubrecht@state.mn.us Website: www.dhs.state.mn.us/dhhsd-mh

Type of Setting and Population Served: agency serving adults

Areas of Specialty: adjustment issues, anxiety, childhood disorders, eating disorders, depression, personality disorders, recent or increased hearing loss, post traumatic stress disorder, schizophrenia or other psychotic disorders, substance abuse, obsessive-compulsive disorder, cultural diversity, gay/lesbian/bisexual/transgender, gender (men's/women's issues), childhood & adolescence, HIV/AIDS, anger management, parenting concerns, occupational problems, relationship/marriage, domestic violence, grief & loss

Treatment Modalities: individual psychotherapy, couples psychotherapy, family psychotherapy, play therapy, and group therapy

DHHS CONTRACT SERVICES AND SPECIAL PROGRAMS

Greater Minnesota Assessment Services - Lifetrack Resources, Inc.

Kim Opat, *Program Director*

709 University Avenue West
St. Paul, MN 55104-4804

Phone: 866-840-0749 TTY: 866-857-2379
E-mail: GMAS@lifetrackresources.org Website: www.lifetrackresources.org/GMAS

Providing specialized, communication accessible, statewide psychological and psychosocial assessments, family assessments, follow-up school and family consultation and training to benefit children who are deaf, deafblind or hard of hearing, ages 0-21 residing in Greater Minnesota.

Volunteer of America Mental Health Clinics

Rebecca Goffman, Psy.D., *Supervisor*

5905 Golden Valley Road, Golden Valley, MN 55422

Phone: 763-225-4085 (desk); 763-744-8632 (cell)

E-mail: rgoffman@voamn.org

Website: www.voamn.org

Providing specialized mental health services to youth with hearing loss from ages 0-21 and their families: Services can be provided in the school, home, clinic, or via telehealth.

People Incorporated – Deaf Mental Health Services Drop In Center
Herman Fuechtmann, *Program Director*

726 2nd Street NE

Minneapolis, MN 55413

Phone/TTY: 612-379-1079

E-mail: herman.fuechtmann@peopleincorporated.org

Website: www.peopleincorporated.org

Providing community-based support services for adults who are deaf, deafblind or hard of hearing and have a mental illness. The Deaf Mental Health Services Program (DMHS) includes a drop-in center and the community living housing outreach program.

**Minnesota Chemical Dependency Program for Deaf and Hard of Hearing
Individuals – Fairview University Medical Center**

2450 Riverside Avenue

Minneapolis, MN 55454

Phone/TTY: 612-273-4402 TTY: 612-273-4114

Toll Free Voice: 800-282-3323

Website: www.mncddeaf.org

An adult inpatient chemical dependency program located in Minneapolis, Minnesota. This program has been providing services nationally since 1989.